



# ALMANAC

2023 – 2024

SCHOOL NO.-

\_\_\_\_\_

NAME-

\_\_\_\_\_

CLASS-

SECTION-

\_\_\_\_\_

HOUSE-

\_\_\_\_\_

CLASS TEACHER-

\_\_\_\_\_

HOUSE MASTER-

\_\_\_\_\_



राष्ट्राय समर्पणम्: The motto is a vivid reflection of the fortitude and resolution that goes into the making of a prestigious institution. Our Motto is a perpetual reminder of our dedication to the nation.

---

## **AIM AND OBJECTIVE**

1. The scheme to establish Sainik Schools was introduced in 1961 with the primary aim of preparing boys academically, physically and mentally for entry into the National Defence Academy.
2. It aims at removing regional imbalance in the officer cadre of the defence services.
3. It aims at developing qualities of body, mind and character which will enable the young boys of today to become good and useful citizens of tomorrow.
4. It aims at bringing public school education within the reach of the common man.

# PARTICULARS OF THE CADET

NAME (In Block Letters) \_\_\_\_\_

CLASS AND SECTION \_\_\_\_\_ SCHOOL NO \_\_\_\_\_

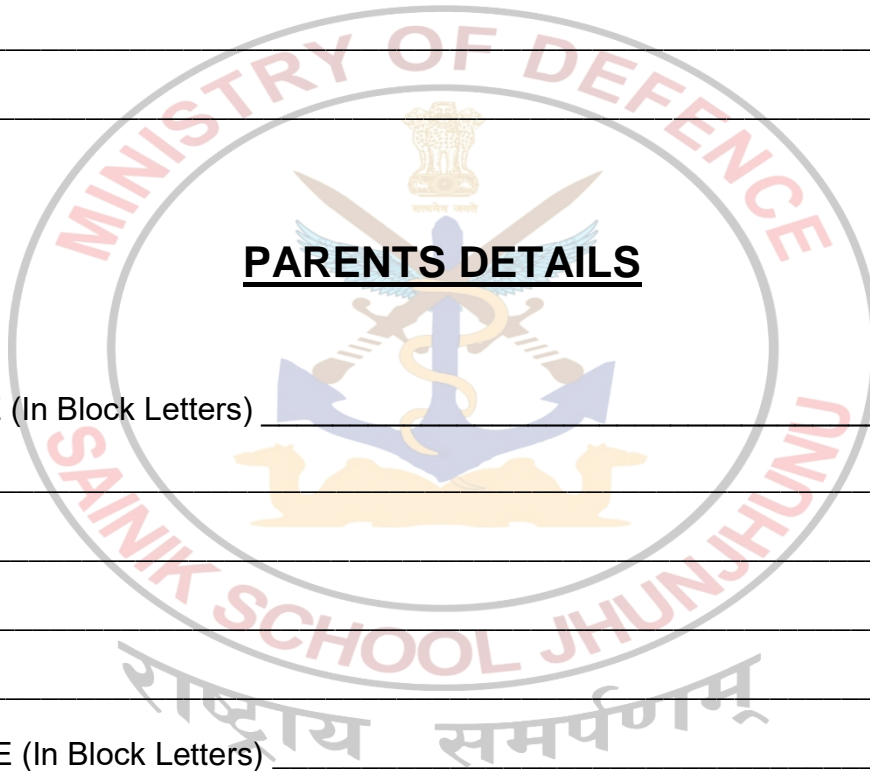
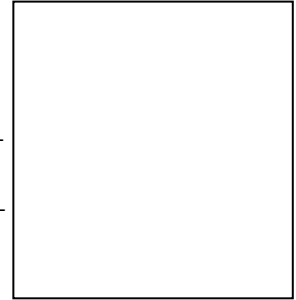
DATE OF BIRTH \_\_\_\_\_ BLOOD GROUP \_\_\_\_\_

CATEGORY \_\_\_\_\_ (SC/ ST/ OBC/ General/ Defence) HOUSE \_\_\_\_\_

IDENTIFICATION MARK \_\_\_\_\_

ADHAAR NO. \_\_\_\_\_

EMAIL ID \_\_\_\_\_



## PARENTS DETAILS

FATHER'S NAME (In Block Letters) \_\_\_\_\_

PROFESSION \_\_\_\_\_

MOBILE NO. \_\_\_\_\_

EMAIL ID \_\_\_\_\_

ADHAAR NO. \_\_\_\_\_

MOTHER'S NAME (In Block Letters) \_\_\_\_\_

PROFESSION \_\_\_\_\_

MOBILE NO. \_\_\_\_\_

CONTACT NO. \_\_\_\_\_

EMAIL ID \_\_\_\_\_

ADHAAR NO. \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

\_\_\_\_\_

**CADET'S SIGNATURE**

**PARENT'S SIGNATURE**

## CONTENT

<b>Ser</b>	<b>Particulars</b>	<b>Page No.</b>
1.	National Anthem	2
2.	Patriotic Song, National Song	3
3.	Sainik School Geet, NCC Geet	4
4.	Prayers	5-7
5.	Pledges, Prayers for the meal	8-9
6.	Cadet's Routine	10
7.	Code of Conduct to be followed in the School	11
8.	Code of Conduct to be followed in the House, Uniforms in School	12
9.	Yearly Planner	13 - 16
10.	PVC Citations	17 - 18
11.	National Cadet Corps	19
12.	National Defence Academy and Naval Academy	20 - 21
13.	Ranks of Indian Armed Forces	22 - 23
14.	Important Instructions	24 - 25
15.	Teachers' Remarks	26 - 31
16.	Vacation Task Assigned	32 - 34
17.	Record of Marks Obtained	36 - 39
18.	Counselling Record	40 - 41
19.	Participation Record	42 - 43
20.	Daily Diary	44 - 67

## राष्ट्रगान

जन-गण-मन अधिनायक जय हे

भारत भाग्य विधाता ।

पंजाब-सिन्धु-गुजरात-मराठा

द्राविड-उत्कल-बंग

विंध्य हिमाचल यमुना गंगा

उच्छल जलधि तरंग

तब शुभ नामे जागे,

तब शुभ आशिष मांगे,

गा हे तब जय-गाथा ।

जन-गण-मंगल दायक जय हे

भारत भाग्य बिधाता ।

जय हे, जय हे, जय हे,

जय जय जय जय हे ॥

## HISTORY OF INDIAN FLAG

1. The National Flag of India was adopted in its present form during the meeting of Constituent Assembly held on the 22 July 1947, a few days before India's independence from the British on 15 August, 1947. It served as the national flag of the Dominion of India between 15 August 1947 and 26 January 1950 and that of the Republic of India thereafter. In India, the term "tricolour" refers to the Indian national flag.

2. The National flag of India is a horizontal tricolor of deep saffron (kesari) at the top, white in the middle and dark green at the bottom in equal proportion. The ratio of width of the flag to its length is two to three. In the centre of the white band is a navy blue wheel which represents the chakra. Its design is that of the wheel which appears on the abacus of the Sarnath Lion Capital of Ashoka. Its diameter approximates to the width of the white band and it has 24 spokes represents 24 hours in a day.

## देशभक्ति गीत

सारे जहाँ से अच्छा, हिन्दोस्तां हमारा हमारा  
सारे जहाँ से अच्छा, हिन्दोस्तां हमारा  
हम बुलबुलें हैं इसकी, यह गुलसितां हमारा हमारा  
सारे जहाँ से अच्छा..

गुरबत में हो अगर हम, रहता है दिल वतन में  
समझो वहीं हमें भी, दिल हो जहाँ हमारा  
सारे जहाँ से अच्छा..

पर्वत वो सबसे ऊँचा, हम साया आसमाँ का  
वो संतरी हमारा, वो पासबां हमारा  
सारे जहाँ से अच्छा..

गोदी में खेलती हैं, जिसकी हजारों नदियाँ  
गुलशन है जिसके दम से, रश्क-ए-जनाँ हमारा  
सारे जहाँ से अच्छा..

ऐ आब-ए-रूद-ए-गंगा, वो दिन है याद तुझको  
उतरा तेरे किनारे, जब कारवां हमारा  
सारे जहाँ से अच्छा..

मजहब नहीं सिखाता, आपस में बैर रखना  
हिन्दी हैं हम वतन हैं, हिन्दोस्तां हमारा  
सारे जहाँ से अच्छा..

यूनान-ओ-मिस्र-ओ-रूमा, सब मिट गए जहाँ से  
अब तक मगर है बाकी, नाम-ओ-निशां हमारा  
सारे जहाँ से अच्छा..

कुछ बात है कि हस्ती, मिटती नहीं हमारी  
सदियों रहा है दुश्मन, दौर-ए-जहाँ हमारा  
सारे जहाँ से अच्छा..

इकबाल कोई मरहूम, अपना नहीं जहाँ में  
मालूम क्या किसी को, दर्द-ए-निहां हमारा  
हम बुलबुलें हैं इसकी, यह गुलसितां हमारा हमारा  
सारे जहाँ से अच्छा, हिन्दोस्तां हमारा हमारा  
सारे जहाँ से अच्छा..

## राष्ट्रगीत

वन्दे मातरम्  
सुजलां सुफलां मलयजशीतलाम्  
शस्यशामलां मातरम् ।  
शुभ्रज्योत्स्नापुलकितयामिनीं  
फुल्लकुसुमितद्रुमदलशोभिनीं  
सुहासिनीं सुमधुर भाषिणीं  
सुखदां वरदां मातरम् ॥ १ ॥

वन्दे मातरम् ।  
कोटि-कोटि-कण्ठ-कल-कल-निनाद-कराले  
कोटि-कोटि-भुजैर्धृत-खरकरवाले,  
अबला केन मा एत बले ।  
बहुबलधारिणीं नमामि तारिणीं  
रिपुदलवारिणीं मातरम् ॥ २ ॥  
वन्दे मातरम् ।

तुमि विद्या, तुमि धर्म तुमि हृदि,  
तुमि मर्म त्वं हि प्राणाः  
शरीरे बाहुते तुमि मा शक्ति,  
हृदये तुमि मा भक्ति,  
तोमारई प्रतिमा गडि मन्दिरे-मन्दिरे मातरम् ॥ ३ ॥  
वन्दे मातरम् ।  
त्वं हि दुर्गा दशप्रहरणधारिणी  
कमला कमलदलविहारिणी वाणी विद्यादायिनी,  
नमामि त्वाम् नमामि कमलां  
अमलां अतुलां सुजलां सुफलां मातरम् ॥ ४ ॥  
वन्दे मातरम् ।  
श्यामलां सरलां सुस्मितां  
भूषितां धरणीं भरणीं मातरम् ॥ ५ ॥  
वन्दे मातरम् ॥

## सैनिक स्कूल गीत

हम कैडेट सैनिक स्कूल के पहने वर्दी शान से।  
 हमें गर्व है भारत माँ पे, चलते सीना तान के।।  
 प्रातः की मधुरिम बेला में बिगुल के बजते जग जाते हैं।  
 उत्तम दिनचर्या से तन-मन, तपकर पावन हो जाते हैं।।  
 हमें गर्व है.....  
 ज्ञान प्राप्त कर, आगे बढ़कर, देश के हित में लग  
 जायेंगे।  
 दृढ़ प्रतिज्ञा हो, कर्मठता से, विश्व-प्रतिष्ठान को पायेंगे।।  
 कल के हम ही हैं निर्माता, हमको चल पहचान के।  
 हमें गर्व है.....  
 जीवन है अनमोल हमारा, उचित मार्ग पर जाना है।।  
 माता-पिता व देश के सपनों को साकार बनाना है।।  
 नहीं डिगा पायेगी कोई, मन में मंजिल ठान ले।  
 हमें गर्व है.....  
 हम कैडेट सैनिक स्कूल के, पहने वर्दी शान से।  
 हमें गर्व है.....

## एनसीसी गीत

हम सब भारतीय हैं, हम सब भारतीय हैं।  
 अपनी मंज़िल एक है, हा हा हा एक है, हो हो हो एक है।  
 हम सब भारतीय हैं।  
 कश्मीर की धरती रानी है, सरताज हिमालय है,  
 सदियों से हमने इस को अपने खून से पाला है  
 देश की रक्षा की खातिर हम शमशीर उठा लेंगे,  
 हम शमशीर उठा लेंगे।  
 बिखरे-बिखरे तारे हैं हम, लेकिन झिलमिल एक है,  
 हा हा हा एक है, हो हो हो एक है,  
 हम सब भारतीय हैं।  
 मंदिर, गुरूद्वारे भी हैं यहाँ, और मस्जिद भी है यहाँ,  
 गिरिजा का है घड़ियाल कहीं मुल्ला की कहीं है अजां  
 एक ही अपना राम हैं, एक ही अल्लाह ताला है,  
 एक ही अल्लाह ताला हैं।  
 रंग बिरंगे दीपक हैं हम, लेकिन जगमग एक है,  
 हा हा हा एक है, हो हो हो एक है  
 हम सब भारतीय हैं, हम सब भारतीय हैं।

## MORNING ASSEMBLY PRAYERS

### MONDAY

(1)

इतनी शक्ति हमें देना दाता  
मनका विश्वास कमजोर हो ना  
हम चलें नेक रस्ते पे  
हमसे भूलकर भी कोई भूल हो ना

दूर अज्ञान के हो अँधेरे  
तू हमें ज्ञान की रौशनी दे  
हर बुराई से बचके रहें हम  
जीतनी भी दे भली ज़िन्दगी दे  
बैर हो ना किसी का किसी से  
भावना मन में बदले की हो ना  
हम चलें...

हम न सोचें हमें क्या मिला है  
हम ये सोचें क्या किया है अर्पण  
फूल खुशियों के बाँटें सभी को  
सबका जीवन ही बन जाए मधुबन  
ओ.. अपनी करुणा को जल तू बहा के  
करदे पावन हर एक मन का कोना  
हम चलें नेक रस्ते पे  
हमसे भूलकर भी कोई भूल हो ना  
इतनी शक्ति हमें देना दाता  
मनका विश्वास कमजोर हो ना...

### TUESDAY

(2)

तुम्ही हो माता, पिता तुम्ही हो  
तुम्ही हो बंधू, सखा तुम्ही हो  
तुम्ही हो माता, पिता तुम्ही हो  
तुम्ही हो बंधू, सखा तुम्ही हो  
तुम ही हो साथी, तुम ही सहारे  
कोई ना अपना सिवा तुम्हारे  
तुम ही हो साथी, तुम ही सहारे  
कोई ना अपना सिवा तुम्हारे

तुम ही हो नईया, तुम ही खिचईया  
तुम ही हो बंधू, सखा तुम ही हो

तुम ही हो माता, पिता तुम्ही हो  
तुम ही हो बंधू, सखा तुम्ही हो

जो खिल सके ना वो फूल हम हैं  
तुम्हारे चरणों की धूल हम हैं  
जो खिल सके ना वो फूल हम हैं  
तुम्हारे चरणों की धूल हम हैं

दया की दृष्टि, सदा ही रखना  
तुम ही हो बंधू, सखा तुम्ही हो

तुम्ही हो माता, पिता तुम्ही हो  
तुम्ही हो बंधू, सखा तुम्ही हो  
तुम्ही हो माता, पिता तुम्ही हो  
तुम्ही हो बंधू, सखा तुम्ही हो



**WEDNESDAY**

(3)

हे शारदे माँ, हे शारदे माँ  
अज्ञानता से हमें तारदे माँ ॥

हे शारदे माँ, हे शारदे माँ  
अज्ञानता से हमें तारदे माँ ॥

तू स्वर की देवी, ये संगीत तुझसे,  
हर शब्द तेरा है, हर गीत तुझसे ।  
हम है अकेले, हम है अधूरे  
तेरी शरण हम, हमें प्यार दे माँ ॥

हे शारदे माँ, हे शारदे माँ  
अज्ञानता से हमें तारदे माँ ॥

मुनियों ने समझी, गुनियों ने जानी,  
वेदोंकी भाषा, पुराणों की बानी ।  
हम भी तो समझे, हम भी तो जाने  
विद्या का हमको अधिकार दे माँ ॥

हे शारदे माँ, हे शारदे माँ  
अज्ञानता से हमें तारदे माँ ॥

तू श्वेतवर्णी, कमल पर विराजे,  
हाथों में वीणा, मुकुट सर पे साजे ।  
मनसे हमारे मिटाके अँधेरे,  
हमको उजालों का संसार दे माँ ॥

हे शारदे माँ, हे शारदे माँ,  
अज्ञानता से हमें तारदे माँ ॥

हे शारदे माँ, हे शारदे माँ  
अज्ञानता से हमें तारदे माँ ॥

**THURSDAY**

(4)

हम को मन की शक्ति देना, मन विजय करें  
दूसरोंकी जय से पहले, खुदकी जय करें  
हम को मन की शक्ति देना ...

भेद-भाव अपने दिलसे, साफ़ कर सकें  
दूसरोंसे भूल हो तो, माफ़ कर सकें  
झूठ से बचे रहें, सचका दम भरें  
दूसरोंकी जयसे पहले, खुदकी जय करें  
हम को मन की शक्ति देना ...

मुश्किलें पड़ें तो हमपे, इतना कर्म कर  
साथ दें तो धर्म का, चलें तो धर्म पर  
खुदपे हौसला रहे, सचका दम भरें  
दूसरोंकी जयसे पहले, खुदकी जय करें  
हम को मन की शक्ति देना ...

**FRIDAY**

(5)

वह शक्ति हमें दो दयानिधे,  
कर्त्तव्य मार्ग पर डट जावें।  
परउपकार में हम-सेवा पर-  
जगसफल बना जावें॥ जीवन-(निज)  
॥ वह शक्ति हमें दो दयानिधे॥...

हम दीनविकलों के-दुखी निबलों-  
सेवक बन संताप हरे।  
जो हैं अटके, भूलेभटके-  
उनको तारें खुद तर जावें॥  
॥ वह शक्ति हमें दो दयानिधे॥...

छल, दंभद्वेष-, पाखंडझूठ-  
अन्याय से निशिदिन दूर रहें।  
जीवन हो शुद्ध सरल अपना,  
शुचि प्रेमसुधा रस बरसावें॥-  
॥ वह शक्ति हमें दो दयानिधे॥...

निज आनबान-, मर्यादा का,  
प्रभु ध्यान रहे अभिमान रहे।  
जिस राष्ट्र भूमिमें जन्म लिया,  
बलिदान उसी पर हो जावें॥  
॥ वह शक्ति हमें दो दयानिधे॥...

**SATURDAY**

(6)

हे प्रभु आनंद-दाता ज्ञान हमको दीजिये,  
शीघ्र सारे दुर्गुणों को दूर हमसे कीजिए ।

लीजिये हमको शरण में, हम सदाचारी बनें,  
ब्रह्मचारी धर्म-रक्षक वीर व्रत धारी बनें ।  
॥ हे प्रभु आनंद-दाता ज्ञान हमको दीजिये... ॥

निंदा किसी की हम किसी से भूल कर भी न करें,  
ईर्ष्या कभी भी हम किसी से भूल कर भी न करें ।  
॥ हे प्रभु आनंद-दाता ज्ञान हमको दीजिये... ॥

सत्य बोलें, झूठ त्यागें, मेल आपस में करें,  
दिव्या जीवन हो हमारा, यश तेरा गाया करें ।  
॥ हे प्रभु आनंद-दाता ज्ञान हमको दीजिये... ॥

जाये हमारी आयु हे प्रभु लोक के उपकार में,  
हाथ डालें हम कभी न भूल कर अपकार में ।  
॥ हे प्रभु आनंद-दाता ज्ञान हमको दीजिये... ॥

कीजिए हम पर कृपा ऐसी हे परमात्मा,  
मोह मद मत्सर रहित होवे हमारी आत्मा ।  
॥ हे प्रभु आनंद-दाता ज्ञान हमको दीजिये... ॥

प्रेम से हम गुरु जनों की नित्य ही सेवा करें,  
प्रेम से हम संस्कृति की नित्य ही सेवा करें ।  
॥ हे प्रभु आनंद-दाता ज्ञान हमको दीजिये... ॥

योग विद्या ब्रह्म विद्या हो अधिक प्यारी हमें,  
ब्रह्म निष्ठा प्राप्त कर के सर्व हितकारी बनें ।  
॥ हे प्रभु आनंद-दाता ज्ञान हमको दीजिये... ॥

हे प्रभु आनंद-दाता ज्ञान हमको दीजिये,  
शीघ्र सारे दुर्गुणों को दूर हमसे कीजिए ।

### **PLEDGE**

INDIA is my country. All Indians are my brothers and sisters. I love my country, and I am proud of its rich and varied heritage. I shall always strive to be worthy of it. I shall give my parents, teachers and all elders respect and treat everyone with courtesy. To my country and my people, I pledge my devotion. In their well-being and prosperity alone lies my happiness. Jai Hind!

### **ANTI RAGGING PLEDGE (MONDAY)**

We, the ..... of Sainik School Jhunjhunu, resolve to take a solemn pledge that we stand united in making this school 'Ragging- Free'. We, the .....of Sainik School Jhunjhunu, resolve to take a pledge that we will not involve ourselves in ragging either in deed, action or thought in our personal lives. We, the .....of Sainik School Jhunjhunu, will promote fraternity and brotherhood amongst ourselves and imbibe in ourselves the spirit of oneness and uphold moral values, traditions and cultures of our country in highest regards.

हम सैनिक स्कूल झुंझुनू के ..... यह संकल्प लेते हैं कि हम इस स्कूल को रैगिंग मुक्त बनाने के लिए एकजुट हैं। हम, सैनिक स्कूल झुंझुनू के ..... यह संकल्प लेते हैं कि, न तो हम अपने निजी जीवन में, न तो कर्म में और न ही विचारों में स्वयं को रैगिंग में शामिल करेंगे। हम, सैनिक स्कूल झुंझुनू के ..... आपस में भाईचारे के साथ रहेंगे तथा भाईचारे को बढ़ावा देंगे और स्वयं में एकता की भावना को आत्मसात करेंगे एवं अपने देश के नैतिक मूल्यों ,परंपराओं और संस्कृति को उच्च स्तर पर बनाए रखेंगे।

### **SADBHAVNA PLEDGE (TUESDAY)**

I take this solemn pledge that I will work for the emotional oneness and harmony of all the people of India regardless of caste, region, religion or language. I further pledge that I shall resolve all differences among us through dialogue and constitutional means without resorting to violence.

मैं प्रतिज्ञा करता / करती हूँ कि मैं जाति, सम्प्रदाय, क्षेत्र, धर्म अथवा भाषा का भेदभाव किए बिना सभी भारतवासियों की भावनात्मक एकता और सद्भावना के लिए कार्य करूँगा/ करूँगी। मैं पुनः प्रतिज्ञा करता / करती हूँ की मैं हिंसा का सहारा लिए बिना सभी प्रकार के मतभेद, बातचीत और संविधानिक माध्यमों से सुलझाऊँगा/ सुलझाऊँगी।

### **RESPECT TOWARDS WOMEN PLEDGE (WEDNESDAY)**

I ..... solemnly pledge that I shall always extend due regard and respect to women and desist from violent behaviour of any kind against them. I shall respect and protect the dignity of women in school and society at large. I solemnly affirm to oppose any kind of gender bias against women.

मैं .....से प्रतिज्ञा करता हूँ कि मैं हमेशा महिलाओं सत्यनिष्ठा का सम्मान करूँगा और उनके खिलाफ किसी भी प्रकार के हिंसक व्यवहार से दूर रहूँगा। मैं स्कूल और समाज में महिलाओं की गरिमा का सम्मान और रक्षा करूँगा। मैं सत्यनिष्ठा से महिलाओं के प्रति किसी भी प्रकार के लैंगिक पूर्वाग्रह का कड़ा विरोध करने की पुष्टि करता हूँ।

### **HONOUR CODE (THURSDAY)**

I as a cadet of Sainik School Jhunjhunu understand that academic integrity is vital to the mission of the school. As a cadet I shall foster not only academic but also spiritual, ethical and intellectual growth. I will sincerely and honestly strive to commit myself to high standard of personal conduct and moral values at all times. I pledge to adhere honesty to all facets of academic and campus life, respect all teachers, staff, fellow cadets and to abide by the provisions of the Honour Code. I promise not to engage in actions or behaviour which would put my country, school, family and my future in disrepute. If I violate this code, I will be fully accountable for my actions/ misbehaviour.

मैं सैनिक स्कूल झुंझुनू के कैडेट के रूप में यह समझता हूँ कि स्कूल के मिशन के लिए शैक्षणिक अखंडता महत्वपूर्ण है। एक कैडेट के रूप में, मैं न केवल शैक्षणिक बल्कि आध्यात्मिक, नैतिक और बौद्धिक विकास को भी बढ़ावा दूँगा/दूँगी। मैं ईमानदारी और सत्यता से हर समय व्यक्तिगत आचरण और नैतिक मूल्यों के उच्च स्तर के लिए स्वयं को प्रतिबद्ध करने का प्रयास करूँगा/करूँगी। मैं शैक्षणिक और विद्यार्थी जीवन के सभी पहलुओं के प्रति ईमानदारी का पालन करने, सभी शिक्षकों, कर्मचारियों, साथी कैडेटों का सम्मान करने और सम्मान संहिता के प्रावधानों का पालन करने का वचन देता हूँ/देती हूँ। मैं वादा करता हूँ कि मैं ऐसे कार्यों या व्यवहार में शामिल नहीं रहूँगा/रहूँगी, जो मेरे देश, स्कूल, परिवार और मेरे भविष्य को बदनाम करेगा। यदि मैं इस संहिता का उल्लंघन करता हूँ/करती हूँ, तो मैं अपने कार्यों एवं दुर्व्यवहार के लिए पूरी तरह से स्वयं जवाबदेह रहूँगा/रहूँगी।

### **INTEGRITY PLEDGE (FRIDAY)**

I believe that corruption has been one of the major obstacles to economic, political and social progress of our country. I believe that all stakeholders such as Government, citizens and private sector need to work together to eradicate corruption. I realise that every citizen should be vigilant and commit to highest standards of honesty and integrity at all times and support the fight against corruption. I, therefore, pledge:

- (a) To follow probity and rule of law in all walks of life;
- (b) To neither take nor offer bribe;
- (c) To perform all tasks in an honest and transparent manner;
- (d) To act in public interest;
- (e) To lead by example exhibiting integrity in personal behaviour;
- (f) To report any incident of corruption to the appropriate agency.

मेरा विश्वास है कि हमारे देश की आर्थिक, राजनीतिक तथा सामाजिक प्रगति में भ्रष्टाचार एक बड़ी बाधा है। मेरा विश्वास है कि भ्रष्टाचार का उन्मूलन करने के लिए सभी संबंधित पक्षों जैसे सरकार, नागरिकों तथा निजी क्षेत्र को एक साथ मिल कर कार्य करने की आवश्यकता है। मेरा मानना है कि प्रत्येक नागरिक को सतर्क होना चाहिए तथा उसे सदैव ईमानदारी तथा सत्यनिष्ठा के उच्चतम मानकों के प्रति वचनबद्ध होना चाहिए तथा भ्रष्टाचार के विरुद्ध संघर्ष में साथ देना चाहिए। अतः, मैं प्रतिज्ञा करता हूँ/करती हूँ कि :-

- (क) जीवन के सभी क्षेत्रों में ईमानदारी तथा कानून के नियमों का पालन करूँगा;
- (ख) ना तो रिश्वत लूँगा और ना ही रिश्वत दूँगा;
- (ग) सभी कार्य ईमानदारी तथा पारदर्शी रीति से करूँगा;
- (घ) जनहित में कार्य करूँगा;
- (ङ) अपने निजी आचरण में ईमानदारी दिखाकर उदाहरण प्रस्तुत करूँगा;
- (च) भ्रष्टाचार की किसी भी घटना की रिपोर्ट उचित एजेंसी को दूँगा।

#### **PRAYER BEFORE MEAL**

Bless us, O Lord,  
As we stand together,  
Bless the food we eat today.  
Bless the hands that make and serve the food,  
Bless us, O Lord...  
Thank you.

#### **AFTER MEAL PRAYER**

Thanks to God, for what we  
Have just received today,  
May the Lord make us truly thankful.  
Thank you.

**CADET'S ROUTINE**  
**WEEK DAYS (SUMMER)**

<u>Activity</u>	<u>Timing Summer (01 Apr – 31 Oct)</u>
Wake up call	0500 Hrs
Morning Roll Call & PT/Parade	0545 – 0625 Hrs
Breakfast	0730 – 0800 Hrs
Assembly	0810 – 0830 Hrs
Classes Commences	0830 Hrs
Recess	1100 – 1130 Hrs
Classes Over	1330 Hrs
Lunch	1340 – 1410 Hrs
Recreational Time	1430 – 1530 Hrs
Prep Study	1600 – 1700 Hrs
Sports	1700 – 1800 Hrs
Evening Snacks	1800 – 1830 Hrs
Freshen up	1830 – 1930 Hrs
Evening Roll Call & Dinner	1945 – 2030 Hrs
Self Study	2045 – 2145 Hrs
Close Up Time	2150 Hrs
Lights Off	2200 Hrs

**CADET'S ROUTINE**  
**WEEK DAYS (WINTER)**

<u>Activity</u>	<u>Timing Winter (01 Nov – 31 Mar)</u>
Wake up call	0545 Hrs
Morning Roll Call & PT/Parade	0630 – 0710 Hrs
Breakfast	0815 – 0845 Hrs
Assembly	0855 – 0915 Hrs
Classes Commences	0915 Hrs
Recess	1120 – 1150 Hrs
Classes Over	1345 Hrs
Lunch	1400 – 1430 Hrs
Recreational Time	1430 – 1530 Hrs
Sports	1545 – 1645 Hrs
Evening Snacks	1700 – 1730 Hrs
Freshen up	1730 – 1800 Hrs
Prep Study	1805 – 1930 Hrs
Evening Roll Call & Dinner	1945 – 2030 Hrs
Self Study	2045 – 2145 Hrs
Close Up Time	2150 Hrs
Lights Off	2200 Hrs

**Note:**

- (i) School timing is subject to change due to weather conditions and administrative requirements.
- (ii) Lights off timing for Board Classes may be extended until 2300 Hrs for Board Exam Preparations.

## **CODE OF CONDUCT TO BE FOLLOWED IN THE SCHOOL**

### **For Cadets-**

1. Always remain smart, clean and be well dressed.
2. Maintain personal hygiene, a proper haircut and cleanliness of your surroundings.
3. Speak in English all the time. Learn to speak fluently, clearly and with courtesy.
4. Demonstrate respect for all.
5. Be courteous, accept individual differences, no put downs or harassment.
6. Do not disparage or embarrass others in the school.
7. Take care of school property.
8. Be punctual and regular for classes, games and activities.
9. Be at the right place at the right time in the right dress.
10. Respect and follow the instructions of teachers and other staff members.
11. Remain positive in your attitude and conduct.
12. Take pride in your nation, yourself, your school and your parents.
13. Be truthful and do not be afraid to speak the truth or to accept a mistake.
14. All residences of staff are out of bounds.

### **For Parents-**

1. Parents may visit their wards on promulgated "Book Out" (4th Saturday) which are once in a month. The time for the visit is from 0900hrs to 1300 hrs. You are requested to refrain from visiting the school on other days. In case of any emergency please contact the AO/VP.
2. Out pass is sanctioned only on medical grounds on the recommendations of the School Nursing Assistant. No other form of out pass is permitted. You are requested to plan all religious and family engagements during the term breaks only.
3. All dormitories have one telephone each. Your ward may contact you twice a week. This is to ensure that every child gets a chance to talk to his parents regularly. In case of any emergency, you may contact the House master directly. In case of any problem faced by your ward, you must contact the CT/HM/AO/VP/PPL.
4. Please do not hand over money or send money orders to your ward. They are not permitted to keep any money in person or in dormitories.
5. Security Guards at the entrance gates of the school have been briefed to ascertain the bonafides of all people entering and leaving the school. Please co-operate with the security personnel in this regard. Remember, that this is being done to ensure the safety of your children inside the school campus. No one has been exempted from this.
6. Helmets/Seat belts are compulsory within the school campus. Speed limit for all vehicles will be 30km per hour.
7. Parking of vehicles is permitted only on left side parking shed of the main entrance gate of the school. Parents are requested not to take their vehicles beyond this point inside the school campus on any occasion. Cadets are not permitted to drive any vehicle inside the campus.
8. Please follow all the traffic rules and regulations strictly.
9. The school campus is a litter free and polythene free zone. Wrappers and polythene bags brought by the parents will be taken out by them and not littered around the campus. You are advised to bring a bag with you for carrying back left over food, wrappers etc.
10. Parents are also requested not to smoke, drink or chew paan or tobacco product inside the school campus.
11. Parents are requested to pay the fees as per the schedule.

12. Cadets are not permitted to keep mobile phones or any other electronic items. Parents are sincerely advised not to give such items to their wards. Strict disciplinary action deemed fit will be initiated against the defaulters as per R & R of Sainik Schools.

13. No overnight out pass will be issued to cadets unless they have genuine reason.

14. Parents visiting their wards are requested to refrain from entering the Dormitories, Hostels and Residential Areas of Staff members.

15. Security Guards patrolling the campus have been briefed to ensure and enforce the regulations cited above. In case of any problems please contact the Vice Principal/Admin Officer.

### **CODE OF CONDUCT TO BE FOLLOWED IN THE HOUSE**

1. The houses are out of bound while the classes are going on.
2. Keep your belongings neatly in your cupboard and trunks. Your dormitory should be tidy.
3. Do not play with a ball, racket or hockey sticks in the dormitories, classrooms and corridors.
4. Do not borrow or lend any items of the kit from other cadets. Report to the housemaster or ward boy when you need something or have misplaced something.
5. No cadet, who is ill, will be allowed to remain in the dormitory unless the ward boy or housemaster gives him permission.
6. Cadets should remain in their respective houses during non-training hours. They are also not permitted to visit the house of staff members.
7. The infirmary is also out of bound except for those who have reported sick. If you are sick or in need of medical help, you must first approach your housemaster or ward boy.
8. Never enter the mess in improper uniform. At the dining table, learn to pass the food to others first, eat in decent way and never waste the food.
9. Cadets are not allowed to bring any expensive articles in the houses.
10. It is dangerous to play or tamper with electrical installations. Ensure the lights and fans are switched off when you do not require them.

### **SCHOOL UNIFORM**

#### **SUMMER:**

Morning PT	T-Shirt, Black Shorts/ Trousers, PT Shoes, White/Black Socks
School	Uniform, Black Shoes, Black Socks
Evening Sports	House T-Shirt, Shorts, Sports Shoes, White Socks, Cap
Dinner	Mufti (Black Trouser, Full Sleeved White Shirt, School Tie, Black Shoes, Black Socks)
Happy Hours/ Out Pass	Mufti (Black Trouser, Full Sleeved White Shirt, School Tie, Black Shoes, Black Socks)

#### **WINTER:**

Morning PT	Track Suit, T-Shirt, PT Shoes, White/ Black Socks, Woolen Cap
School	Uniform, Jersey, Blazer, Black Shoes, Black Socks
Evening Sports	Track Suit, House T-Shirt, Sports Shoes, White Socks, Cap
Dinner	Mufti, Jersey, Blazer (Black trouser, full sleeved white shirt, school tie, black shoes, black socks)
Happy Hours/ Out Pass	Mufti (Black Trouser, Full Sleeved White Shirt, School Tie, Black Shoes, Black Socks)

**YEARLY PLANNER 2023-24****(Tentative schedule, subject to change as per administrative requirements)**

DATE	DAY	AA/ CCA	ACTIVITY	REMARKS
<b><u>APRIL 2023</u></b>				
01-Apr	Saturday	AA	Academic Session Begins 2023-24	School Reopens
04-Apr	Tuesday		<b>Mahavir Jayanti</b>	<b>Holiday</b>
05-Apr	Wednesday	CCA	National Maritime Day	Assembly Talk
07-Apr	Friday		<b>Good Friday</b>	<b>Holiday</b>
10-Apr	Monday	CCA	Siblings Day	Assembly Talk
13-Apr	Thursday	CCA	<b>Hindi Bhashan Pratiyogita</b>	Inter House
14-Apr	Friday		Dr BR Ambedkar Jayanti/ Vaisakhi	<b>Holiday</b>
17-Apr	Monday	CCA	Investiture Ceremony	Formation of Students' Council
18-Apr	Tuesday	CCA	World Heritage Day	Assembly Talk
19-Apr	Wednesday	CCA	World Liver Day	Assembly Talk
21-Apr	Friday	CCA	Tree Plantation Activity	Tree Plantation by Cadets
22-Apr	Saturday		<b>Id-ul-Fitr</b>	<b>Holiday</b>
24-Apr	Monday	CCA	<b>English Poetry Competition</b>	Inter House
25-Apr	Tuesday	CCA	World Malaria Day	Assembly Talk
27-Apr	Thursday	CCA	<b>Volley Ball Competition</b>	Inter House
28-Apr	Friday	CCA	World Day for Safety and Health at Work	Assembly Talk
29-Apr	Saturday	AA/ CCA	Book Out/ Book In for Cadets/ International Dance Day	Book Out/ Book In
<b><u>MAY 2023</u></b>				
01-May	Monday	CCA	Raising Day Celebration	6th Foundation Day of SS Jhunjhunu
03-May	Wednesday	CCA	Press Freedom Day	Assembly Talk
05-May	Friday		<b>Budha Purnima</b>	<b>Holiday</b>
11-May	Thursday	CCA	National Technology Day	Assembly Talk
18-May	Thursday	AA	<b>Book Out/ PTM</b>	<b>Book Out for Cadets</b>
19-May	Friday	AA	<b>Summer Vacation</b>	<b>Vacation Commences</b>
<b><u>JUN 2023</u></b>				
27-Jun	Tuesday	AA	<b>Summer Vacation</b>	<b>Vacation Ends</b>
28-Jun	Wednesday	AA	<b>Reporting Back of Cadets</b>	<b>Book In for Cadets</b>
30-Jun	Friday	AA	PPT-1 (VI to X) & PT- XI	Exam Commences
<b><u>JULY 2023</u></b>				
11-Jul	Tuesday	CCA	World Population Day	Assembly Talk
18-Jul	Tuesday	CCA	English Declamation Competition	Inter House
26-Jul	Wednesday	CCA	Kargil Vijay Diwas / Poster Making Competition	Inter House
27-Jul	Thursday	CCA	Hindi Sulekh Pratiyogita	Inter House
28-Jul	Friday	AA	<b>Book Out/ Book In for Cadets</b>	Book Out/ Book In
29-Jul	Saturday		<b>Muharram</b>	<b>Holiday</b>
<b><u>AUGUST 2023</u></b>				



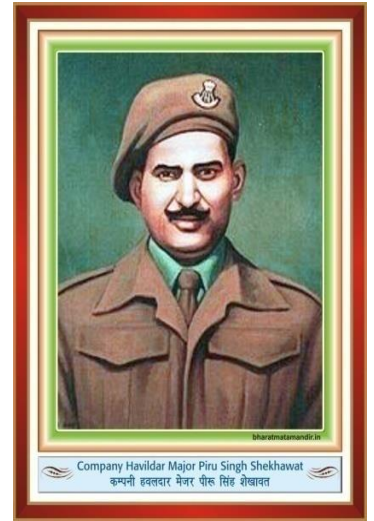
DATE	DAY	AA/ CCA	ACTIVITY	REMARKS
01-Aug	Tuesday	AA	PPT-2 (VI to X)/ Unit Test-1 (XI)	Exam Commences
09-Aug	Wednesday	CCA	National Women's Day	Assembly Talk
12-Aug	Saturday	CCA	International Youth Day	Assembly Talk
15-Aug	Tuesday		<b>Independence Day</b>	<b>Flag Hoisting/ Holiday</b>
16-Aug	Wednesday	CCA	<b>Basketball Competition</b>	Inter House
19-Aug	Saturday	CCA	Photography Day	Assembly Talk
22-Aug	Tuesday	CCA	GK Quiz Competition/ Honey Bee Day	Inter House/ Assembly Talk
26-Aug	Saturday	AA	<b>Book Out/ Book In for Cadets</b>	Book Out/ Book In
29-Aug	Tuesday	CCA	National Sports Day	Assembly Talk/ Movie
31-Aug	Thursday	CCA	<b>Spell Bee Competition</b>	Inter House
<b><u>SEPTEMBER 2023</u></b>				
05-Sep	Tuesday	CCA	Teachers' Day	Celebration/ Activity
07-Sep	Thursday		<b>Janmashtami</b>	<b>Holiday</b>
08-Sep	Friday	CCA	World Literacy Day	Assembly Talk
14-Sep	Thursday	CCA	Hindi Pakhwara- Hindi Tatkaalik Pratiyogita / World First Aid Day	Inter House/ Assembly Talk
15-Sep	Friday	CCA	Hindi Pakhwara- Hindi Nara & Rachnatmak Lekhan Pratiyogita/ World Ozone Day	Inter House/ Assembly Talk
16-Sep	Saturday	CCA	Hindi Pakhwara- Hindi Nibandh Lekhan Pratiyogita/ Engineer's Day in India	Inter House/ Assembly Talk
18-Sep	Monday	CCA	Hindi Pakhwara- Hindi Vad Vivad Pratiyogita	Inter House
19-Sep	Tuesday	CCA	Hindi Pakhwara- Hindi Kavita Vachan Pratiyogita	Inter House
21-Sep	Thursday	CCA	Hindi Pakhwara- Hindi Katha Kathan Pratiyogita/ International Day of Peace	Inter House/ Assembly Talk
23-Sep	Saturday	CCA	English Calligraphy Competition	Inter House
25-Sep	Monday	CCA	<b>Table Tennis</b>	Inter House
26-Sep	Tuesday	CCA	World Environmental Health Day	Assembly Talk
27-Sep	Wednesday	CCA	World Tourism Day	Assembly Talk
28-Sep	Thursday		<b>Milad-un-Nabi/ Id-e-Milad</b>	<b>Holiday</b>
29-Sep	Friday	CCA	International Day of Awareness of Food Loss and Waste	Assembly Talk
30-Sep	Saturday	AA	<b>Book Out/ Book In for Cadets</b>	Book Out/ Book In
<b><u>OCTOBER 2023</u></b>				
02-Oct	Monday		<b>Mahatma Gandhi's Birthday</b>	<b>Holiday</b>
03-Oct	Tuesday	AA	Half Yearly (VI to IX, XI)/ Pre- Board- 1 (X) / World Nature Day	Exam Commences/ Assembly Talk
04-Oct	Wednesday	CCA	World Animal Day	Assembly Talk
05-Oct	Thursday	CCA	World Teachers' Day	Assembly Talk
06-Oct	Friday	CCA	World Wildlife Day	Assembly Talk
08-Oct	Sunday	CCA	Indian Air Force Day	Flag Hoisting
11-Oct	Wednesday	CCA	International Day of the Girl Child	Assembly Talk
16-Oct	Monday	CCA	World Food Day	Assembly Talk
24-Oct	Tuesday		<b>Dussehra</b>	<b>Holiday</b>
26-Oct	Thursday	CCA	<b>Athletic Competition (100mt/200mtr/400mtr)</b>	Inter House
28-Oct	Saturday	AA	<b>Book Out/ Book In for Cadets</b>	Book Out/ Book In

DATE	DAY	AA/ CCA	ACTIVITY	REMARKS
31-Oct	Tuesday	CCA	<b>National Unity Day/ Cross Country</b>	Assembly Talk/ Cross Country for cadets
<b><u>NOVEMBER 2023</u></b>				
07-Nov	Tuesday	CCA	National Cancer Awareness Day	Assembly Talk
09-Nov	Thursday	CCA	<b>Chess Competition</b>	Inter House
10-Nov	Friday	CCA	World Science Day for Peace and Development	Assembly Talk
11-Nov	Saturday	CCA	National Education Day	Assembly Talk
12-Nov	Sunday		<b>Diwali</b>	<b>Holiday</b>
14-Nov	Tuesday	CCA	Children's Day	Tug of War/ Visits
16-Nov	Thursday	CCA	National Press Day	Assembly Talk
20-Nov	Monday	CCA	World Day of Remembrance for Road Traffic Victims	Assembly Talk
25-Nov	Saturday	CCA	<b>Book Out/ Book In for Cadets/</b> International Day for the Elimination of Violence Against Women	Book Out/ Book In/ Assembly Talk
27-Nov	Monday		<b>Guru Nanak's Birthday</b>	<b>Holiday</b>
<b><u>DECEMBER 2023</u></b>				
01-Dec	Friday	CCA	World AIDS Day	Assembly Talk
02-Dec	Saturday	CCA	World Computer Literacy Day	Assembly Talk
04-Dec	Monday	CCA	Indain Navy Day	Assembly Talk
05-Dec	Tuesday	AA	<b>PPT-3 (VI to X), Unit Test- 2 (IX)/ World Soil Day</b>	Exam Commences/ Assembly Talk
07-Dec	Thursday	CCA	Indian Armed Forces Flag Day	Assembly Talk
11-Dec	Monday	CCA	International Mountain Day	Assembly Talk
14-Dec	Thursday	CCA	National Energy Conservation Day	Assembly Talk
16-Dec	Saturday	AA	<b>Book Out for Cadets for cadets/ Vijay Diwas/ Pythagorean Theorem Day</b>	Book Out/ Assembly Talk
22-Dec	Friday	AA	<b>Book Out/ PTM</b>	<b>Book Out for Cadets</b>
23-Dec	Saturday	AA	<b>Winter Vacation</b>	<b>Vacation Commences</b>
<b><u>JANUARY 2024</u></b>				
21-Jan	Sunday	AA	<b>Winter Vacation</b>	<b>Vacation Ends</b>
22-Jan	Monday	AA	<b>Reporting Back of Cadets</b>	<b>Book In for Cadets</b>
25-Jan	Thursday	AA	Pre-Board II (X)	Exam Commences
26-Jan	Friday		<b>Republic Day</b>	<b>Flag Unfurling/ Freedom Run for cadets/ Holiday</b>
30-Jan	Tuesday	CCA	Martyr's Day/ Mahatma Gandhi's Martyrdom Day	Assembly Talk
<b><u>FEBRUARY 2024</u></b>				
01-Feb	Thursday	CCA	<b>Drill Competition</b>	Inter House
05-Feb	Monday	CCA	<b>Football Competition</b>	Inter House
24-Feb	Saturday	AA	<b>Book Out/ Book In for Cadets</b>	Book Out/ Book In
28-Feb	Wednesday	CCA	National Science Day/ Science and Maths Quiz Competition	Assembly Talk / Inter House
<b><u>MARCH 2024</u></b>				
01-Mar	Friday	AA	Annual Exam- 2023-24	Exam Commences
08-Mar	Friday	CCA	International Women's Day	Assembly Talk
14-Mar	Thursday	CCA	World Math's Day	Assembly Talk

DATE	DAY	AA/ CCA	ACTIVITY	REMARKS
21-Mar	Thursday	CCA	<b>Cricket Championship</b>	Inter House
25-Mar	Monday		<b>Holi</b>	<b>Holiday</b>
26-Mar	Tuesday	CCA	Educational Tour	Visits
30-Mar	Saturday	AA	Result Declaration- 2023-24	Result
31-Mar	Sunday	AA	<b>Book In/Book Out for cadets</b>	Book Out/ Book In

## COMPANY HAVILDAR MAJOR PIRU SINGH

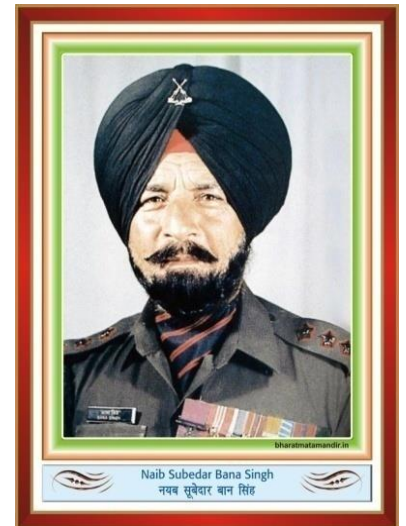
Company Havildar Major Piru Singh was born on May 20, 1918 in Beri Village of Jhunjhunu, Rajasthan. He was enrolled in the 6<sup>th</sup> Rajputana Rifles on May 20, 1936. During the Jammu and Kashmir operations in summer of 1948, Pakistani raiders mounted a strong counter offensive in the Tithwal sector. The enemy also forced the Indian Army to vacate their forward positions across river Kishanganga. After the setback, Indian troops took position on the Tithwal ridge. CHM Piru Singh laid down his life in a brave fight against the enemies, leaving for the rest of his comrades a unique example of single – handed bravery and determined courage. He was honoured with the highest wartime gallantry medal, Param Vir Chakra, posthumously.



**We take pride to name a house as PIRU HOUSE.**

## NAIB SUBEDAR BANA SINGH

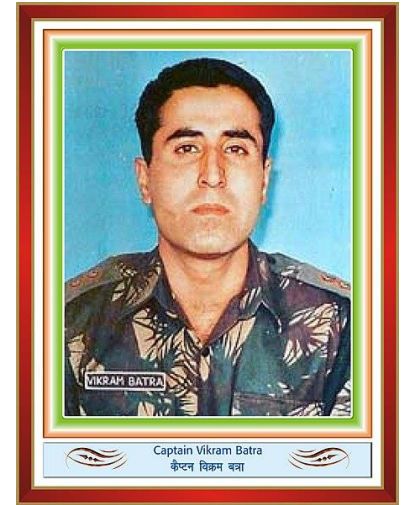
Naib Subedar Bana Singh, born in Kadyal, Jammu on January 6, 1949, was enrolled in the Indian Army on January 6, 1969 into the Jammu and Kashmir Light Infantry (JAK LI). During June 1987, the 8<sup>th</sup> JAK LI, was deployed in the Siachen area. Naib Subedar Bana Singh volunteered to join the special task force formed to root out Pakistani infiltrators. Naib Subedar Bana Singh led his men through an extremely difficult and hazardous route. Lobbing hand – grenades, charging with bayonet and moving from trench to trench, he cleared the post of all intruders. He was awarded the Param Vir Chakra, the highest wartime gallantry medal, for conspicuous bravery and leadership under most adverse conditions.



**We take pride to name a house as BANA HOUSE.**

## CAPTAIN VIKRAM BATRA

Captain Vikram Batra, 13 Jammu and Kashmir Rifles, and his Delta Company were given the task of recapturing point 5140. Captain Batra single – handedly engaged three enemy soldiers in close combat and killed them. He was seriously injured during this combat, but instead of regrouping his men to continue with the given task at hand. Inspired by the extraordinary courage displayed by Captain Batra, the soldiers of 13 JAK RIF charged the enemy position and captured point 5140 at 0330 a.m. on June 20, 1999. Captain Batra led his men to even more glorious victories with the recapture of point 4750 and point 4875.



He was tragically killed, when he tried to rescue an injured officer during an enemy counter attack. For his sustained display of the most conspicuous personal bravery, Captain Vikram Batra was awarded the Param Vir Chakra, India's highest medal for gallantry, posthumously.

**We take pride to name a house as BATRA HOUSE.**

## LIEUTENANT MANOJ KUMAR PANDEY

Lieutenant Manoj Kumar Pandey, 1/11 Gorkha Rifles, forced back the intruders from the Batalik sector on June 11, 1999. He led his men to recapture the Jaubar top, a feature of great operational importance. But his finest hour was in the capture of Khalubar in the early morning hours of July 03, 1999. On the night of July 2-3, 1999 the Battalion's progress onto its final objective was halted by a determined enemy firmly entrenched on commanding heights.



The young officer led his platoon along a narrow treacherous ridge that led to the enemy position. He surged ahead of his troops and charged at the enemy with a full-throated battle cry through a hail of bullets. Although wounded in the shoulder and leg, he pressed on his solitary charge with grim determination. Critically bleeding, he collapsed at the final bunker and finally succumbed to his injuries but not before the last of the enemy had been annihilated. Lieutenant Manoj Kumar Pandey was awarded the Param Vir Chakra, India's highest medal for gallantry, posthumously.

**We take pride to name a house as MANOJ HOUSE.**

# NATIONAL CADET CORPS



1. The **National Cadet Corps** (NCC) is the youth wing of the Indian Armed Forces with its headquarters in New Delhi, India. National Cadet Corps came into being by an Act of the Parliament Act No. XXXI of 1948 designated 'The National Cadet Corps Act 1948'. This Act with 13 clauses, prescribed the formation of the National Cadet Corps in India.
2. National Cadet Corps is a Tri-Services Organization, comprising the Army, Navy and Air Force, engaged in grooming the youth of the country into disciplined and patriotic citizens. The National Cadet Corps in India is a voluntary organization which recruits cadets from high schools, colleges and Universities all over India. The Cadets are given basic military training in small arms and parades.
3. The emblem of the NCC consists of 3 colours; red, dark blue and light blue. These colours represent the Indian Army, Indian Navy and Indian Air Force respectively. The 17 lotuses indicate the 17 directorates.
4. The NCC is the world's largest uniformed youth organization. Its motto is 'Unity and Discipline'.

## AIM OF NCC

The 'Aims' of the NCC laid out in 1988 have stood the test of time and continue to meet the requirements expected of it in the current socio-economic scenario of the country. The NCC aims at developing character, comradeship, discipline, a secular outlook, the spirit of adventure and ideals of selfless service amongst young citizens. Further, it aims at creating a pool of organized, trained and motivated youth with leadership qualities in all walks of life, who will serve the Nation regardless of which career they choose. Needless to say, the NCC also provides an environment conducive to motivating young Indians to join the armed forces.

1. To Create a Human Resource of Organized, Trained and Motivated Youth, To Provide Leadership in all Walks of life and be Always Available for the Service of the Nation.
2. To Provide a Suitable Environment to Motivate the Youth to Take Up a Career in the Armed Forces.
3. To Develop Character, Comradeship, Discipline, Leadership, Secular Outlook, Spirit of Adventure, and Ideals of Selfless Service amongst the Youth of the Country.

## NATIONAL DEFENCE ACADEMY



The National Defence Academy (NDA) is the Joint Services academy of the Indian Armed Forces, where cadets of the three services, the Army, the Navy and the Air Force train together before they go on to respective service academies for further pre-commissioning training. The NDA is located at Khadakwasla near Pune, Maharashtra. It is the first tri-service academy in the world.

Applicants to the NDA are selected via a written exam conducted by the UPSC, followed by extensive interview by the SSB. The eligibility criteria are as under:

Age between	As per UPSC notification
Qualification	12th Class of 10+2 System of Education/Equivalent for Army and with Physics and Maths for AF & Navy
Marital Status	Unmarried
Application to be Received by	As per UPSC notification
Likely SSB Date	Sep to Oct and Jan to Apr
Month of commencement of Training	Jan and Jul
Duration of Training	3 Years at NDA and 1 Year at IMA, Dehradun (For Army cadets)
	3 Years at NDA and 1 Year at Naval Academy, Ezhimala (For Naval cadets)
	3 Years at NDA and 1 & 1/2 Year at AFA, Dundigal, Hyderabad (For AF cadets)

## **NAVAL ACADEMY**

This entry is controlled by UPSC with IHQ MoD (Army)/ADG (Recruiting) as nodal agency. It consists of written examination conducted by the UPSC followed by conduct of the SSB interview, medical test by Indian Navy (naval candidates only) and final preparation of merit list by UPSC.



<b>Ser</b>	<b>Name of Exam</b>	<b>Notification by UPSC</b>	<b>Written Test Conducted by UPSC</b>	<b>SSB Conducted by Navy</b>	<b>Joining at Academy</b>
(i)	NA Exam (I)	Dec/Jan	Apr	Aug-Sep	January next year
(ii)	NA Exam (II)	Jun/Jul	Oct/Nov	Jan-Feb	July next year



# COMMISSIONED RANKS OF INDIAN ARMED FORCES

## INDIAN ARMY

Indian Army- Officer ranks									
<b>Field Marshal*</b>	<b>General^</b>	<b>Lieutenant General</b>	<b>Major General</b>	<b>Brigadier</b>	<b>Colonel</b>	<b>Lieutenant Colonel</b>	<b>Major</b>	<b>Captain</b>	<b>Lieutenant</b>
*Honorary/wartime rank. ^Held only by the Chief of the Army Staff									

## INDIAN AIR FORCE

Rank group	General/flag officers					Field/senior officers			Junior officers		Officer cadet
	Marshal of the Indian Air Force	Air chief marshal	Air marshal	Air vice marshal	Air commodore	Group captain	Wing commander	Squadron leader	Flight lieutenant	Flying officer	Flight cadet

## INDIAN NAVY

<b>Shoulder</b>										
<b>Sleeve</b>										
<b>Rank</b>	Admiral of the Fleet	Admiral	Vice Admiral	Rear Admiral	Commodore	Captain	Commander	Lieutenant Commander	Lieutenant	Sublieutenant

## JUNIOR COMMISSIONED RANKS OF INDIAN ARMED FORCES

### ARMY



NAIB SUBEDAR



SUBEDAR



SUBEDAR MAJOR

### AIRFORCE



JUNIOR WARRANT OFFICER



WARRANT OFFICER



MASTER WARRANT OFFICER

### NAVY



CHIEF PETTY OFFICER



MCPO SECOND CLASS



MCPO FIRST CLASS

## OTHER RANKS/PBORs OF INDIAN ARMED FORCES

### ARMY

NO INSIGNIA

SEPOY



Lance Naik



NAIK



HAVILDAR

### AIRFORCE



AIRCRAFTSMAN



LEADING AIRCRAFTSMAN



CORPORAL



SERGEANT

### NAVY

NO INSIGNIA

SEAMAN 2ND CLASS

NO INSIGNIA

SEAMAN FIRST CLASS



LEADING RATE



PETTY OFFICER

## **IMPORTANT INSTRUCTIONS**

### **RAGGING**

"Ragging is any disorderly conduct, whether by words spoken or written, or by an act which has the effect of teasing, treating or handling with rudeness any student, indulging in rowdy or indiscipline activities which cause or are likely to cause annoyance, hardship or psychological harm or to raise fear or apprehension thereof in a fresher or a junior student and which has the effect of causing or generating a sense of shame or embarrassment so as to adversely affect the psyche of a fresher or a junior student."

### **ANY ACT RESULTING IN**

- Physical, mental, verbal & sexual abuse.
- Indecent behaviour.
- Any act that disrupts the regular academic activity of a student.
- Undermining human dignity.
- Financial exploitation/ extortion.
- Use of force in the name of seniority.
- Criminal intimidation/ wrongful restraint.

### **RAGGING MAY RESULT INTO**

- Suspension/ Withdrawal from the school
- Withdrawal of scholarship/ other benefits
- Lodging of an 'F.I.R.' in Police Station
- Imprisonment upto three years

### **CHILD HELPLINE NUMBER- 1098**

## **THE PROTECTION OF CHILDREN FROM SEXUAL OFFENCE ACT, 2019**

An Act to protect children from offences of sexual assault, sexual harassment and pornography and provide for establishment of Special Courts for trial of such offences and for matters connected therewith or incidental thereto.

### **CHILD SEXUAL ABUSE IS**

- Sexual touching of any part of the body, clothed or unclothed.
- Encouraging a child to engage in sexual activity.
- Indulgence in sex with a child.
- Intentionally engaging in sexual activity in front of a child.
- Showing children pornography or using children to create pornography.
- Adult showing his or her private part to the child or vice versa.

### **CIRCUMSTANCES OF AGGRAVATION**

- Offender also seriously injuring or threatening to seriously injure victim.
- Offender being in a group of people when they commit offence.

**KNOW**

- To say 'NO' to any such advances
- Inform trusted adult

**TEACHERS TO APPROACH CHILD IF THEY NOTICE**

- Excessive crying
- An increase in irritability
- Aggression towards others
- Bedwetting or soiling of pants
- Becoming withdrawn

**GOOD TOUCH AND BAD TOUCH****GOOD TOUCH (SAFE TOUCH)**

Hugs and kisses and touches from people we know, love and trust are good touches. Good touches give us good feelings and make us feel warm inside. A little girl on dad's lap, child on his mother's lap hugging are examples of good touch as both parent and child are comfortable with the touch.

**BAD TOUCH (UNSAFE TOUCH)**

Same kind of touches from people we do not know or do not like or do not trust could be bad touches. Bad touches make us feel bad or uncomfortable. It is the touch we would want to stop right away. A child being tickled and is not liking it is an example of bad touch. Hitting, kicking or touching private parts are some other examples of bad touch.

**IF SOMEONE GIVES YOU A BAD TOUCH, YOU MUST MAKE A COMPLAINT TO THE UNDERMENTIONED**

- Class Teacher
- House Master
- Buddy
- Counsellor
- Parents
- Vice Principal
- Principal

## TEACHERS' REMARKS

(The teacher may write brief notes for the guardian. The cadet will show to the Parent and get his/her initials.)

Date	Note	Teacher's Signature	Signature of the Parent

**TEACHERS' REMARKS**

(The teacher may write brief notes for the guardian. The cadet will show to the Parent and get his/her initials.)

<b>Date</b>	<b>Note</b>	<b>Teacher's Signature</b>	<b>Signature of the Parent</b>

**TEACHERS' REMARKS**

(The teacher may write brief notes for the guardian. The cadet will show to the Parent and get his/her initials.)

<b>Date</b>	<b>Note</b>	<b>Teacher's Signature</b>	<b>Signature of the Parent</b>

## TEACHERS' REMARKS

(The teacher may write brief notes for the guardian. The cadet will show to the Parent and get his/her initials.)

Date	Note	Teacher's Signature	Signature of the Parent



## TEACHERS' REMARKS

(The teacher may write brief notes for the guardian. The cadet will show to the Parent and get his/her initials.)

Date	Note	Teacher's Signature	Signature of the Parent

## TEACHERS' REMARKS

(The teacher may write brief notes for the guardian. The cadet will show to the Parent and get his/her initials.)

Date	Note	Teacher's Signature	Signature of the Parent

**VACATIONS TASK ASSIGNED****(SUMMER VACATION)**

<b>Date</b>	<b>Subject</b>	<b>Assignment</b>	<b>Signature of the Parent</b>

**VACATIONS TASK ASSIGNED****(SUMMER VACATION)**

<b>Date</b>	<b>Subject</b>	<b>Assignment</b>	<b>Signature of the Parent</b>

**VACATIONS TASK ASSIGNED****(WINTER VACATION)**

<b>Date</b>	<b>Subject</b>	<b>Assignment</b>	<b>Signature of the Parent</b>

**VACATIONS TASK ASSIGNED****(WINTER VACATION)**

<b>Date</b>	<b>Subject</b>	<b>Assignment</b>	<b>Signature of the Parent</b>

**TERM- I (VI/VII/VIII)****RECORD OF MARKS OBTAINED**

<b>Assessment</b> <b>Subject</b>	<b>PPT</b> <b>(05)</b>	<b>SEA</b> <b>(05)</b>	<b>PF</b> <b>(05)</b>	<b>MA</b> <b>(05)</b>	<b>Half</b> <b>Yearly</b> <b>(80)</b>	<b>Total Marks</b> <b>(100)</b>
<b>English</b>						
<b>Hindi</b>						
<b>Mathematics</b>						
<b>Science</b>						
<b>Social</b> <b>Science</b>						
<b>Sanskrit</b>						
<b>Computer</b>						
<b>Total</b>						
<b>Overall</b> <b>Percentage</b>						

**TERM- II (VI/VII/VIII)**  
**RECORD OF MARKS OBTAINED**

Assessment Subject	PPT (05)	SEA (05)	PF (05)	MA (05)	Annual (80)	Total Marks (100)
English						
Hindi						
Mathematics						
Science						
Social Science						
Sanskrit						
Computer						
Total						
Overall Percentage						



**TERM END (IX/ X)****RECORD OF MARKS OBTAINED**

<b>Assessment Subject</b>	<b>PPT (05)</b>	<b>SEA (05)</b>	<b>PF (05)</b>	<b>MA (05)</b>	<b>Annual Exam (80)</b>	<b>Total Marks (100)</b>
<b>English</b>						
<b>Hindi</b>						
<b>Mathematics</b>						
<b>Science</b>						
<b>Social Science</b>						
<b>Computer</b>						
<b>Total</b>						
<b>Overall Percentage</b>						

**TERM END (XI/XII)****RECORD OF MARKS OBTAINED**

<b>Assessment</b> <b>Subject</b>	<b>PERIODIC TEST -1</b>	<b>HALF YEARLY</b>	<b>PERIODIC TEST-2</b>	<b>ANNUAL</b>	<b>OVERALL TOTAL (100)</b>
<b>English</b>					
<b>Mathematics</b>					
<b>Physics</b>					
<b>Chemistry</b>					
<b>Computer Science/ Biology</b>					
<b>Total</b>					
<b>Overall Percentage</b>					

**ROUTINE COUNSELLING RECORD**

<b>DATE</b>	<b>REMARKS OF COUNSELLOR</b>	<b>SIGNATURE OF COUNSELLOR</b>	<b>SIGNATURE OF PARENTS</b>

**ROUTINE COUNSELLING RECORD**

<b>DATE</b>	<b>REMARKS OF COUNSELLOR</b>	<b>SIGNATURE OF COUNSELLOR</b>	<b>SIGNATURE OF PARENTS</b>





























































**CLASS TIME TABLE**

Days	I	II	III	IV		V	VI	VII
MON					<b>R E C E S S</b>			
TUE								
WED								
THU								
FRI								
SAT								



# 2023 2024

## 2023 CALENDAR

### JANUARY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### FEBRUARY

S	M	T	W	T	F	S
	1	2	3	4		
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

### MARCH

S	M	T	W	T	F	S
	1	2	3	4		
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### APRIL

S	M	T	W	T	F	S
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

### MAY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### JUNE

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

### JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### FEBRUARY

S	M	T	W	T	F	S
		1	2	3		
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

### MARCH

S	M	T	W	T	F	S
						1 2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### JULY

S	M	T	W	T	F	S
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### AUGUST

S	M	T	W	T	F	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### SEPTEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### JULY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### AUGUST

S	M	T	W	T	F	S
					1	2 3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### SEPTEMBER

S	M	T	W	T	F	S
						1 2 3 4 5 6 7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### OCTOBER

S	M	T	W	T	F	S
						1 2 3 4 5 6 7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### NOVEMBER

S	M	T	W	T	F	S
						1 2 3 4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### DECEMBER

S	M	T	W	T	F	S
						1 2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### OCTOBER

S	M	T	W	T	F	S
						1 2 3 4 5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### NOVEMBER

S	M	T	W	T	F	S
						1 2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### DECEMBER

S	M	T	W	T	F	S
						1 2 3 4 5 6 7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				